

EPICURE DIGITAL MENU SYSTEM

NUTRITION & ALLERGEN MENU LABELING ICONS

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Although more than 160 foods can cause allergic reactions in people with food allergies, the Food Allergen Labeling and Consumer Protection Act of 2004 identifies the eight most common allergenic foods. These foods account for 90 percent of food allergic reactions, and are the food sources from which many other ingredients are derived (such as whey from milk)...The eight foods identified by the law are: Milk, Eggs, Fish (e.g., bass, flounder, cod), Crustacean shellfish (e.g. crab, lobster, shrimp), Tree nuts (e.g., almonds, walnuts pecans), Peanuts, Wheat Soybeans. <https://www.fda.gov/Food/IngredientsPackagingLabeling/FoodAllergens/ucm530854.htm>

